



DINING

DRINKS

Coffee & Tea

	<i>Regular</i>	<i>Large</i>
<i>Espresso</i>	\$3.50	-
<i>Short Macchiato</i>	\$3.60	-
<i>Long Macchiato</i>	\$3.90	-
<i>Piccolo</i>	\$3.90	-
<i>Nitro Coffee</i>	\$5.90	
<i>Nitrogen infused 18 hour cold brewed coffee</i>		
<i>Bulletproof Coffee</i>	\$5.90	\$6.60
<i>XCT High Performance Oil & Organic Butter</i>		
<i>Long Black</i>	\$3.90	\$4.60
<i>Flat White</i>	\$4.20	\$4.90
<i>Cappuccino</i>	\$4.20	\$4.90
<i>Latte</i>	\$4.20	\$4.90
<i>Chai Latte</i>	\$4.20	\$4.90
<i>Hot Chocolate</i>	\$4.20	\$4.90
<i>Turmeric Latte</i>	\$4.20	\$4.90
<i>Matcha Latte</i>	\$4.20	\$4.90
<i>Mocha</i>	\$4.50	\$5.00
<i>Soy, Almond, Coconut or Lactose Free Milk</i>	\$0.50	
<i>Extra Shot (coffee)</i>	\$0.70	
<i>Flavoured Syrup (All Natural)</i>	\$0.70	
<i>Vanilla, Caramel, Hazelnut</i>		
<i>XCT Oil</i>	\$2.00	
<i>Pot of Tea</i>	\$4.20	
<i>English Breakfast, Earl Grey, Green Sencha, Green Jasmine, Peppermint, Chamomile</i>		
<i>Sticky Chai Tea</i>	\$5.90	
<i>Iced Coffee, Iced Chocolate</i>	\$6.90	
<i>Iced Mocha</i>	\$6.90	
<i>Latte on Ice</i>	\$4.80	
<i>Long Black on Ice</i>	\$4.80	



Knox Drinking Coconut \$5.90

Juices

Fresh Apple	\$7.00	Fresh Orange	\$7.00
Kick Start <i>Beetroot, Carrot, Celery, Apple</i>	\$8.00	Green Machine <i>Apple, Cucumber, Celery, Mint</i>	\$8.00
Quencher <i>Watermelon, Apple, Mint, Lime</i>	\$8.00	Refresh <i>Orange, Pineapple, Ginger</i>	\$8.00
Hawaii Five – O <i>Orange, Apple, Pineapple</i>	\$8.00	Inside Out <i>Cranberry, Ginger, Beetroot, Apple</i>	\$8.00
Make Your Own <i>Choose any 4 ingredients, 50c/extra ingredient</i>	\$8.50	Bloody Shame <i>Tomato, Lemon, Worcestershire, Tabasco</i>	\$8.00

Apple, Orange, Pineapple, Watermelon, Ginger, Lemon, Lime, Carrot, Celery, Cucumber, Beetroot, Mint, Cranberry

Smoothies & Shakes

**smoothies and shakes are made with ice cream & milk... Vegan options available Yoghurt option available.
70c extra for Soy, Almond, Coconut or Lactose Free Milk*

Milkshakes	\$5.90	Fruit Smoothies	\$8.00
Thickshakes <i>Chocolate, Strawberry, Vanilla, Caramel</i>	\$6.90	<i>Strawberry, Mango, Mixed Berry or Banana</i>	
The Satisfier <i>Banana, Chocolate, Peanut Butter</i>	\$8.50	Oreo-Peanut Butter	\$8.50
Coco-Mango <i>Mango, Coconut Cream, Passionfruit</i>	\$8.50	<i>Oreo Cookies, Peanut Butter</i>	
Banana Berry <i>Mixed Berries, Banana, Honey</i>	\$8.50	Oreo-Banana	\$8.50
		<i>Oreo Cookies, Banana</i>	
		Mocha Smoothie	\$8.50
		<i>Double Shot Espresso, Chocolate</i>	

Smoothie Boosters \$2.00 each

Vegan Soy Protein, Whey Protein Isolate, Creatine, L-Carnitine, L-Glutamine, Super Greens, Oats, Chia Seeds

Bottled Drinks

Mt Franklin 450ml Sparkling, Mt Franklin 600ml Still \$3.50

Zico Coconut Water \$4.00

*Coke, Coke No Sugar, Diet Coke, Sprite, Fanta, Lift, Lemon lime & Bitters
Raspberry & Mint, Tonic Water, Spicy Ginger Beer \$4.00*

Fuze Iced Teas – Peach, Lemon, Mango \$5.00

Kerri Juices 300ml Cloudy Apple, Orange \$3.50

Goulburn Valley Juices 500ml Cloudy Apple, Orange, Pineapple, Cranberry \$5.50

Soft Drinks by the Glass – Coke, Diet Coke, Ginger Ale, Sprite \$3.50



Alcoholic Drinks

Beer on Tap

	Pot (285ml)	Schooner (425ml)
Stone & Wood Pacific Ale	\$5.50	\$6.90
Peroni Leggera (mid strength)	\$5.50	\$6.90
James Squires Orchid Crush Cider	\$5.00	\$6.40

Packaged Beer

Full Strength: Asahi, Balter XPA, Burleigh Brewing Co Bighead (no carb), Corona, Fig Jam IPA, Pale Ale, Peroni Nastro Azzurro.

Mid Strength: Pure Blonde Premium

Light: Boag's Light, Pacific Radler (lemon infused)

White Wines & Sparkling

Sauvignon Blanc

Hartog's Plate Sauv Semillon WA	\$6.50 / \$26
821 South Sauv Blanc NZ	\$8.50 / \$32
Run Riot Sauv Blanc NZ	\$35

Pinot Grigio / Gris

Truvée Pinot Gris SA	\$8.50 / \$34
Cape Schanck Pinot Grigio VIC	\$35

Red Wines

Shiraz

Wolf Blass Private Release SA	\$8.00 / \$32
19 Crimes Shiraz SEA	\$44

Other Reds

Yalumba 'Y Series' Merlot SA	\$8.00 / \$34
Fickle Mistress Pinot Noir NZ	\$42
Squealing Pig Rosé NZ	\$40

Spirits

Basics	\$6.50
Mid-Shelf	\$8.00
Top-Shelf	\$10.00

Chardonnay

St Hubert's 'The Stag' Chardonnay VIC	\$8.50 / \$35
Devil's Lair 'Dance with the Devil' WA	\$42
Penfold's Max's Chardonnay SA	\$55

Champagne / Sparkling

T'Gallant Proseco VIC	\$7.50 / \$32
Seppelt Fleur de Lys Pinot Chardonnay	\$8.00 / \$32
T'Gallant 'Juliet' Moscato VIC	\$28

Cabernet Sauvignon

Wynns Coonawarra 'The Gables' SA	\$8.00 / \$35
Devil's Lair 'Dance with the Devil' WA	\$44



Brunch Cocktails available from 10am

Meet the Marys

Bloody Mary

Vodka, tomato juice, lemon, Worcestershire, Tabasco

Fairy Mary

Watermelon liqueur, Vodka, watermelon juice,

Scary Mary

Vodka, tomato juice, lemon, Worcestershire, Jalepeno

Death by Mary

Vodka, tomato juice, lemon, Worcestershire, Habanero